



Useful web links

Anatomy and physiology

Website that shows interactive and educational views of the human body.

<http://www.innerbody.com/htm/body.html>

On-line book Gray's *Anatomy of the Human Body*.

<http://www.bartleby.com/107/>

University of Pennsylvania USA medical animation library.

http://pennhealth.com/health_info/animationplayer/

University of Minnesota, collection of study aids for introduction to anatomy and physiology.

<http://msjensen.cehd.umn.edu/webanatomy/reproductive/default.html>

City College of San Francisco website that has short multi-choice quizzes on human anatomy including the reproductive system.

<http://www.lrn.org/Content/Quizzes/Quizlist.html>

Sexual health development

Puberty

NHS direct articles on puberty

<http://www.nhsdirect.nhs.uk/articles/article.aspx?articleId=304>

Website written specifically for young people, from Marie Stopes International, to provide information on all aspects of sex education and teenage life.

<http://www.likeitis.org/puberty.html>

A complete resource for teen health issues.

<http://www.teenpuberty.com/>

Information on puberty from the National Institute of Child Health and Human Development.

<http://www.nichd.nih.gov/health/topics/puberty.cfm>



Puberty information from ChildLine

<http://www.childline.org.uk/Info/Life/Pages/Puberty.aspx?qclid=CN6L2b2yrpMCFQ2rQwodDVmong>

Puberty information from the BBC Science and Nature website

<http://www.bbc.co.uk/science/humanbody/body/index.shtml?lifecycle>

Puberty advice and information from NetDoctor

http://www.netdoctor.co.uk/health_advice/facts/puberty.htm

Teen life check

[http://tlc.need2know.co.uk/\(S\(scpvjb55exmmafzqx2cnsxj2\)\)/Default.aspx](http://tlc.need2know.co.uk/(S(scpvjb55exmmafzqx2cnsxj2))/Default.aspx)

Teenage pregnancy

Teenage pregnancy unit

<http://www.everychildmatters.gov.uk/teenagepregnancy/?PageID=85>

Sexuality in young people

Information on sexuality from ChildLine

<http://www.childline.org.uk/Info/SexHealth/Pages/Sexuality.aspx?qclid=CIPP76irspMCFQ6n1Qod8jfZoA>

Information and further useful links for young gay and lesbian individuals from DirectGov

http://www.direct.gov.uk/en/YoungPeople/HealthAndRelationships/ConcernedAbout/DG_10031257

National youth organisation working towards the inclusion on lesbian, gay, bisexual and transgender young people in Scotland

<http://www.lgbtyouth.org.uk/home.htm>



Sex education in schools

Sex and Relationship Education Guidance (2000) is available on the Department for Education and Skills (DFES) website.

www.dfes.gov.uk

A fact sheet on the current law and policy regarding the teaching of sex education in Northern Ireland's schools (2003) is available on the Health Promotion Agency for Northern Ireland website. The agency was set up in 1990 as a special agency of the Department of Health, Social Services and Public Safety (DHSSPS) and is accountable to the Minister responsible for health.

www.healthpromotionagency.org.uk

The Sex Education Forum is a part of the National Children's Bureau and is the national authority on sex and relationships education (SRE). The Forum believes that good quality SRE is an entitlement for all children and young people. It works with religious bodies, children's bodies, parents, governors, and health and education organisations. It has a fact sheet on sex education in schools, available at

http://www.ncb.org.uk/Page.asp?originx_784wa_21042403840053g59p_200610203221g

as well as a number of publications on sex and relationship education aimed at teaching and health professionals, which you can access at

http://www.ncb.org.uk/Page.asp?originx116ed_70918630542492x27t8132793124.

The Office for Standards in Education (OFSTED) produced a report in 2002 on sex and relationships education in schools, which contains guidance for good practice.

www.ofsted.gov.uk

Alcohol and teenage pregnancy is a publication funded by the Department of Health, written by Alcohol Concern and aimed at all those involved in personal, social and health education with young people in schools or youth work settings. It is particularly concerned with sex and relationship education and with alcohol education.

www.alcoholconcern.org.uk

The Channel 4 website has a section on sex education in the UK.

www.channel4.com



Coolnurse is a website run by a nurse in the USA which is aimed at teenagers providing information on puberty, sexual health and FAQ's.

www.coolnurse.com

Adulthood

Infertility

NHS articles on infertility

<http://www.nhsdirect.nhs.uk/articles/article.aspx?articleID=214>

Infertility Network UK

<http://www.infertilitynetworkuk.com/>

Infertility information from BBC health

<http://www.bbc.co.uk/health/conditions/infertility1.shtml>

Information and further links on infertility from Medline Plus

<http://www.nlm.nih.gov/medlineplus/infertility.html>

Infertility issues from the US department of Health and Human Services

<http://www.womenshealth.gov/faq/infertility.htm>

Infertility information from the Mayo Clinic

<http://www.mayoclinic.com/health/infertility/DS00310>

Human Fertilisation and Embryology Association, the UK's independent regulator overseeing the use of gametes and embryos in fertility treatment and research

<http://www.hfea.gov.uk/en/default.html>

Male fertility information from the Men's Health Forum

http://www.malehealth.co.uk/userpage1.cfm?item_id=124

British Infertility Counselling Association

<http://www.bica.net/>



Urinary incontinence

NICE guidelines on the management of urinary incontinence

<http://www.nice.org.uk/cg40>

NHS articles on urinary incontinence

<http://www.nhsdirect.nhs.uk/articles/article.aspx?articleId=211>

The perimenopause

Information on the menopause, including the perimenopause from the BMJ Best Treatments

<http://besttreatments.bmj.com/btuk/conditions/5290.html>

Information on the perimenopause from the Mayo Clinic

<http://www.mayoclinic.com/health/perimenopause/DS00554>

Sexual dysfunction

Male sexual problems from the Men's Health Forum

http://www.malehealth.co.uk/userpage1.cfm?item_id=129

The Sexual Dysfunction Association

<http://www.sda.uk.net/>

Information on erectile dysfunction from the NHS

<http://www.nhsdirect.nhs.uk/articles/article.aspx?articleID=210>

Information for women with a partner suffering from erectile dysfunction

<http://www.lovelifematters.co.uk/index.html>

Information and further links on erectile dysfunction from Net Doctor

<http://www.netdoctor.co.uk/erectiledysfunction/index.shtml>



Endometriosis

Information on endometriosis from the NHS

<http://www.nhsdirect.nhs.uk/articles/article.aspx?articleId=150§ionId=1>

Endometriosis UK – the leading UK charity that supports women living with endometriosis

<http://www.endometriosis-uk.org/index.html>

BMJ Best Treatment information on endometriosis

<http://besttreatments.bmj.com/btuk/conditions/13729.jsp>

Endometriosis.org – the global forum for information about endometriosis

<http://www.endometriosis.org/>

Pelvic inflammatory disease

Clinical knowledge summary on pelvic inflammatory disease from the NHS

http://cks.library.nhs.uk/pelvic_inflammatory_disease#-186033

Information on pelvic inflammatory disease from the Centers for Disease Control and Prevention

<http://www.cdc.gov/std/PID/STDFact-PID.htm>

Information on pelvic inflammatory disease from the NHS

<http://www.nhsdirect.nhs.uk/articles/article.aspx?ArticleID=279#>

Older adult

Female menopause

Menopause matters – an independent clinician-led website on the menopause

<http://www.menopausematters.co.uk/>

The North American Menopause Society

<http://www.menopause.org/?gclid=CJ34hpStspMCFQ1CMAodLCKKLA>

Information on the menopause from the NHS



<http://www.nhsdirect.nhs.uk/articles/article.aspx?articleid=246>

Information and support for women experiencing premature menopause

<http://www.earlymenopauseuk.co.uk/index.html>

Information and further links on the menopause from the BBC Health pages

http://www.bbc.co.uk/health/womens_health/body_menopause1.shtml

The International Menopause Society

<http://www.imsociety.org/>

Male menopause

Information on the male menopause from the BBC Health pages

http://www.bbc.co.uk/health/mens_health/issues_menopause.shtml

The male menopause from NetDoctor

<http://www.netdoctor.co.uk/menshealth/facts/malemenopause.htm>

Information on the male mid-life crisis from Men's Health

http://www.malehealth.co.uk/userpage1.cfm?item_id=125

The Andropause Society – information for the general public and healthcare professionals

<http://www.andropause.org.uk/>

Prostate disease

Information on prostate disease from the NHS

<http://www.nhsdirect.nhs.uk/articles/article.aspx?articleID=300>

Information and further links on prostate disease from DirectGov

http://www.direct.gov.uk/en/Over50s/Over50HealthAndWellBeing/LookingAfterYourself/DG_10028484

Information and further links on prostate disease from MedLine Plus

<http://www.nlm.nih.gov/medlineplus/prostatediseases.html>



The Prostate Cancer Research Foundation

<http://www.thepcrf.org/index.php>

The Prostatitis Foundation

<http://www.prostatitis.org/>

Clinical Knowledge Summary on Prostate disease from the NHS

http://cks.library.nhs.uk/patient_information_leaflet/Prostate_disease#

The Prostate Cancer Charity

<http://www.prostate-cancer.org.uk/>

Information on prostate cancer from Cancer Research UK

<http://www.cancerhelp.org.uk/help/default.asp?page=2657>

Diagnosis and treatment information on prostate cancer from NICE

<http://www.nice.org.uk/guidance/index.jsp?action=byID&o=11924>

General information on sexual health

In depth information on sexual health from NHS Choices

<http://www.nhs.uk/LiveWell/SexualHealth/Pages/Sexualhealthhome.aspx>

National Library for Health, provides access to resources and services to everyone within the NHS

<http://www.library.nhs.uk/Default.aspx>

Clinical Knowledge Summaries – reliable source of evidence-based information and practical ‘know-how’ about the common conditions managed in primary care

<http://cks.library.nhs.uk/home>

NHS, The Improvement Network, East Midlands, the Primary Care Current Awareness Service (PCCAS) – this service gathers together the latest information on health news, NSFs, health service management, public health, health promotion, legal and parliamentary information, statistics and social care, and is available via searchable database.

<http://www.tin.nhs.uk/welcome/keeping-up-to-date>