



## Useful web links

### *Cytology and screening*

Website of the National Institute of Clinical Excellence, an independent organisation responsible for providing national guidance on promoting good health and preventing and treating ill health

[www.nice.org.uk](http://www.nice.org.uk)

NHS website on the UK's breast, bowel and cervical cancer screening programmes

[www.cancerscreening.nhs.uk](http://www.cancerscreening.nhs.uk)

Website for the NHS Wales cervical screening programme

[www.screeningservices.org.uk](http://www.screeningservices.org.uk)

Website for the NHS Scotland cervical screening programme

[www.nsd.scot.nhs.uk/services/cervical/](http://www.nsd.scot.nhs.uk/services/cervical/)

Website for the Northern Ireland cancer screening programmes

[www.cancerscreening.n-i.nhs.uk/](http://www.cancerscreening.n-i.nhs.uk/)

Website where people share their own personal experiences of health and illness

[www.dipex.org](http://www.dipex.org)

A public resource on laboratory testing, written by laboratory professionals

[www.labtestsonline.org.uk](http://www.labtestsonline.org.uk)

Information about different types of cancer

<http://www.cancerhelp.org.uk/default.asp>

Website about HPV and cervical cancer

<http://www.tellher.com/default.aspx>

Guidance on LBC screening methodology

<http://www.nice.org.uk/guidance/index.jsp?action=byID&r=true&o=11514>



## Women's health

Department of Health website providing health and social care policy, guidance and publications

[www.dh.gov.uk](http://www.dh.gov.uk)

NHS website offering Clinical Knowledge Summaries on a common conditions presenting in primary care

[www.cks.library.nhs.uk](http://www.cks.library.nhs.uk)

Website aimed at patients, providing health information on primary care issues

[www.patient.co.uk](http://www.patient.co.uk)

Website devoted to issues affecting women's sexual health

[www.womens-health.co.uk](http://www.womens-health.co.uk)

Website from a leading US hospital including a dedicated section on women's health

[www.clevelandclinic.org](http://www.clevelandclinic.org)

Website offering information on a wide range of health issues

[www.mayoclinic.com](http://www.mayoclinic.com)

Information about breast cancer guidance

<http://www.nice.org.uk/guidance/CSG>

Website where women can discuss issues around the menopause

<http://www.menopausematters.co.uk/>

US government website providing information about health issues for the older adult

<http://nihseniorhealth.gov/listoftopics.html>

Website by Worcestershire Health Authority providing information to women about sexual health issues

<http://www.sexualhealth.org.uk/intro.htm>

NHS specialist library providing information about women's health issues



<http://www.library.nhs.uk/womenshealth/>

## **Men's health**

NHS website offering Clinical Knowledge Summaries on a common conditions presenting in primary care

[www.cks.library.nhs.uk](http://www.cks.library.nhs.uk)

Men's Health Forum Scotland

<http://www.mhfs.org.uk/mhfs/index.php>

Men's Health Forum

<http://www.menshealthforum.org.uk/>

Men's Health Forum in Ireland

<http://www.mhfi.org/>

Website offering information on a wide range of health issues

[www.mayoclinic.com](http://www.mayoclinic.com)

Nurse-written for men, women and young people, about general health, wellbeing and sexual relationships

<http://www.coolnurse.com/>

Website aimed at providing information on men's health issues

<http://www.malehealth.co.uk/>

Website about the male menopause

<http://www.andropause.org.uk>

Orchid, a UK charity focused solely on male cancers

<http://www.orchid-cancer.org.uk>

The prostate cancer charity

<http://www.prostate-cancer.org.uk/>



## Contraception

Teenage pregnancy information site

<http://www.everychildmatters.gov.uk/teenagepregnancy/?filename=confiden.pdf>

Information on sex and sexual health from the BBC Relationship website

[http://www.bbc.co.uk/relationships/sex\\_and\\_sexual\\_health/](http://www.bbc.co.uk/relationships/sex_and_sexual_health/)

Website aimed at young people that discusses contraception and sexual relationships

<http://www.likeitis.org.uk/>

Website aimed at teenagers that provides information about sexual relationships and contraception

<http://www.ruthinking.co.uk/>

Government website providing information about sexual health issues

[http://www.direct.gov.uk/en/HealthAndWellBeing/HealthyLiving/DG\\_4002934](http://www.direct.gov.uk/en/HealthAndWellBeing/HealthyLiving/DG_4002934)

Family planning association website providing information about sexual health, relationships and contraception

<http://www.fpa.org.uk>

Website aimed at young people, providing information about sexual health and contraception

<http://www.brook.org.uk>

## General information on sexual health

In depth information on sexual health from NHS Choices

<http://www.nhs.uk/LiveWell/SexualHealth/Pages/Sexualhealthhome.aspx>

National Library for Health, provides access to resources and services to everyone within the NHS

<http://www.library.nhs.uk/Default.aspx>

Clinical Knowledge Summaries – reliable source of evidence-based information and practical 'know-how' about the common conditions managed in primary care

<http://cks.library.nhs.uk/home>



NHS, The Improvement Network, East Midlands, the Primary Care Current Awareness Service (PCCAS) – this service gathers together the latest information on health news, NSFs, health service management, public health, health promotion, legal and parliamentary information, statistics and social care, and is available via searchable database.

<http://www.tin.nhs.uk/welcome/keeping-up-to-date>

## Child protection

Information and resources from the Department of Health on the safeguarding of children

<http://www.dh.gov.uk/en/Healthcare/NationalServiceFrameworks/Children/Safeguarding/index.htm>

Every child matters – A Government initiative to support children in England from birth to 19 years of age.

<http://www.everychildmatters.gov.uk/>

Information on the care and protection of children and young people from the Welsh Assembly

<http://new.wales.gov.uk/topics/childrenyoungpeople/?lang=en>

An umbrella organisation working for children and young people in Wales

<http://www.childreninwales.org.uk/index.html>

National Society for the prevention of Cruelty to Children (NSPCC) – this site contains lots of information on how to spot and prevent child cruelty. It also provides contact details of who to contact for advice or further help.

<http://www.nspcc.org.uk/default.html>

The Keeping Children Safe coalition aims to share experience and knowledge of child protection issues. They have also developed a set of tools which can be used to help train others in the importance of child protection and how to implement relevant processes.

<http://www.keepingchildrensafe.org.uk/index.htm>

Information on how to safe guard children from the Charity Commission

<http://www.charity-commission.gov.uk/supportingcharities/protection.asp>



Child Exploitation and Online Protection Centre – part of the UK policing department which is dedicated to the eradication of child sex abuse. It contains information for parents, children and people working with young people

<http://www.ceop.gov.uk/>

## Self harm

Information and resources for young people who self harm, their parents and health professionals

<http://www.selfharm.org.uk/default.aspx>

Information on self harm from Mind, the leading mental health charity working in England and Wales

<http://www.mind.org.uk/Information/Booklets/Understanding/Understanding+self-harm.htm>

Information and resources on self harm from the Royal College of Psychiatrists

<http://www.rcpsych.ac.uk/mentalhealthinformation/mentalhealthproblems/depression/self-harm.aspx>

Information on self harm for the public from NICE

<http://www.nice.org.uk/guidance/CG16/publicinfo/pdf/English>

Information on self harm from NHS Direct

<http://www.nhsdirect.nhs.uk/articles/article.aspx?articleId=454&sectionId=1>